Mission Statement

The overarching goal of P3 is to connect impacted families with services that improve their skills for coping with trauma and ultimately place them on the pathway to prosperity. Community partners will conduct monthly educational symposiums teaching community members about resources available that will ease social, emotional and financial burdens.

How does the program work?

Through a pre-screening assessment outlined and approved by the State of Illinois, suspected children will be determined eligible for referral to our affiliated agencies for comprehensive services.

Who is eligible to receive mental health assistance?

Anyone that is experiencing any form of anxiety, depression and/or trauma. Specifically, children that have

- 1. Witnessed an act of violence,
- 2. Been separated from one or both parents due to incarceration,
- 3. Been separated from one or both parents due to the death of the parent(s),
- 4. Experienced sexual physical/abuse before age five are accepted into the program at no cost.



Long-term and short-term advantages

The outcomes for this program will be far reaching. The P3 PTSD screening and referral service is the gate way to saving the lives of children and traumatized families and changing the social and economic trajectory of at risk communities. The children suffering from PTSD will receive life altering, early intervention from field experts thus reducing future violence and dependencies, reducing the burden on the court and prison system, and increasing functional contributions to their communities.

Wrap around services

Wrap around services address family issues in order to provide a stable environment for the recovery of the child and an environment from repeated new trauma. Families may be in need of assistance with housing, how to apply for medical or food stamp benefits and/or skills workshops — interview training, resume building.



Why P3 Preschool PTSD is necessary

We have identified the rising problem of children in at-risk communities that have lost loved ones to violence and ongoing trauma from violence on the south and west sides of Chicago. Participants will be referred to highly qualified professional counselors from:

- Lighthouse Pediatric Psychology
- Triumph Counseling & Consulting
- Bobby E. Wright Comprehensive
- Behavioral Health Center, Inc.

"Train The Trainers"

P3 and its associates have gone through an intense training program designed by The Pyramid Model Consortium (PMC). The learning objectives were:

- ✓ Understanding of trauma and trauma informed systems
- ✓ Identify strategies to assist staff and early care education programs to become more trauma-informed

Identify strategies to increase staff and families' awareness of ACES (Adverse Childhood Experience)

"Trainings will be provided to willing sites and providers that would like to become a part of the solution to ending childhood PTSD."



Contact Us

Visit our web-site www.westaustinp3.com

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Social Media:

Facebook - West Austin Ptsd

Instagram - westaustinptsd

"Helping children and families go from trauma to triumph"